As a school leader your success depends on effectively managing yourself and others in a complex and dynamic environment.

This one-day workshop will empower you to respond positively to stressful situations while sustaining personal wellbeing. You will be given an opportunity to review your current processes and develop more effective work practices to handle emotionally-charged situations such as change management.

The aim of this workshop is to assist you in building a balanced response to adversity that allows you to work sustainably and support others to be more resilient in the face of multiple demands. You will learn how to adopt an approach that enables you to:

- assess and identify the strengths in your team
- map difficult situations to better understand the cause
- take an enquiry approach to solution building, rather than problem solving
- identify and re-frame mindsets that undermine success.

Cost:
Vic Government School $295 pp (incl GST)
Non-Government School $395 pp (incl GST)

FURTHER INFORMATION
Develop Resilience in Self and Others is part of a series of Professional Practice workshops that focus on performance & development.
For information on other Bastow workshops and events please visit: www.bastow.vic.edu.au

Regional delivery:
The Professional Practice workshops can be delivered with your network in a regional location. To discuss your interest for delivery of a workshop or other Bastow leadership development offerings please contact Lisa Black, Manager Regional Partnerships via:
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e: lisa.black@bastow.vic.edu.au